

## Arosa

Arosa is located at the end of a romantic valley. With its impressive range of mountain peaks all around, Arosa and its neighbor Lenzerheide are just as attractive for extended hiking tours in summer as it is in winter for its great variety of snow sport activities.

Because of its location at the bottom of a wide valley, Arosa is very sunny and to a great extent sheltered from strong winds. As there is no transit traffic, the air is particularly pure which is why Arosa has been a famous Alpine health resort since 1877. Arosa is accessible by Rhaetian Railways from Chur or by car.

The Arosa All-inclusive Card includes the usage of the aerial tramways to Hörnli and Weisshorn, access to the rope park, entrance to the local history museum, pedalo rentals and much more.

You will stay in a historic building. The German Dr Otto Herwig discovered Arosa as a healthy air spa and constructed there 1877 the first sanatorium.

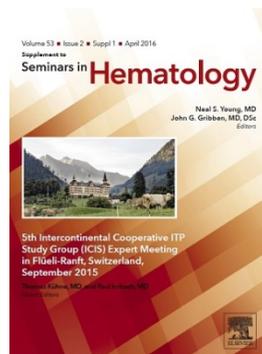
The Waldsanatorium (now Hotel Waldhaus, your meeting venue) opened in 1910 and was considered one of the best clinics for airways diseases. There, Thomas Mann obtained his idea to write the book “the magic mountain”. From 1912-1914 the railway connection between Chur and Arosa was constructed. The improved access made Arosa into a world-famous spa, even in the difficult conditions of the First World War. The railway line itself is regarded as a revolutionary feat of architecture and engineering; it climbs 1,000 meters of altitude over a distance of only 26 kilometers, crossing several spectacular viaducts along the way.

The invention of penicillin (1932) as a cure for lung diseases made the classic sanatorium redundant. The Waldsanatorium closed as a clinic for lung diseases. It was re-named the “New Waldhotel” and transformed into a functioning hotel. From 1938-1954 the “New Waldhotel” was turned into a military base hospital for the Swiss Confederate government. After this period, in 1961, the “Waldhotel AG” was established and the hotel became an independent commercial enterprise for the first time.

From 2009 to 2012 a new wing has been added to the main building. The conference facilities with seven meeting rooms ranging in floor space from 30 to 120 square meters were completed. The Spa “wellness oasis” was extended and covers 1,100 square meters.

## Previous Supplementa of past Meetings

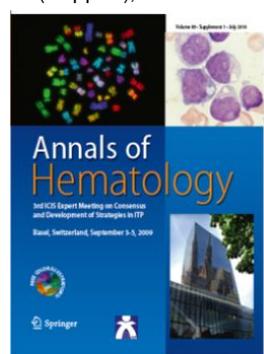
Supplement to Seminars in Hematology on the **5<sup>th</sup> ICIS Expert Meeting** in Flüeli-Ranft, Switzerland, September 2015 still open for download. Please go to <http://itpbasel.ch/Publications-on-ITP.115.0.html>



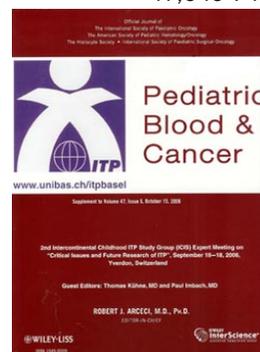
J Pediatr Hematol Oncol 2003; 25;S1-S84



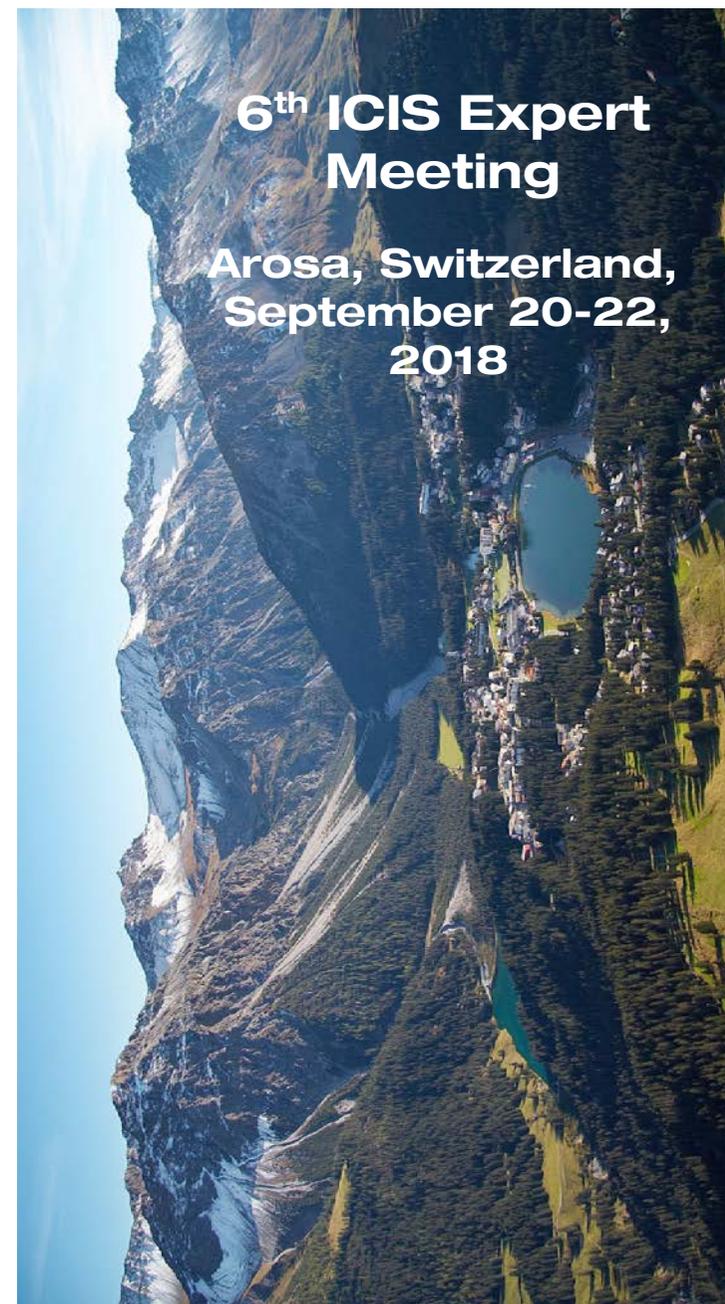
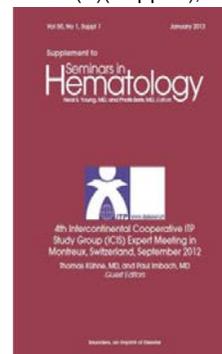
Ann Hematol. 2010; 89(Suppl 1);1-109



Pediatr Blood Cancer. 2006; 47;649-745



Semin Hematol. 2013 Jan; 50(1)(Suppl 1);1-3



## Words of Welcome

On behalf of the Intercontinental Cooperative ITP Study Group (ICIS) it is a pleasure for us to invite you to attend the 6<sup>th</sup> ICIS Expert Meeting in Switzerland on “Management of ITP: to treat or not to treat”.

At the first Expert Meeting in Switzerland 2003 at Bürgenstock we recognized where we are with ITP, at Yverdon les Bains 2006 we designed the future research, especially new definitions, terminologies and scoring systems, which resulted in the harmonization working group report (Blood 2009). At Basel 2009 the priorities of ITP research were discussed. In Montreux 2012 changes in ITP of children and adults were focused and a cooperation of pediatricians and adult hematologists was established. In Flüeli-Ranft 2015 immunomodulation and management in ITP and other autoimmune diseases were discussed. In Arosa in 2018, we will discuss management of ITP by experts’ lectures, workshops and personal discussions in a great Alpine atmosphere.

Traditionally, we will publish our meeting contents in a peer-reviewed journal. All representatives of our 76 cooperative institutions, those, who are interested in a future cooperation and delegates of the pharmaceutical industry – be it as a chairperson, speaker, author or discussant – are welcome.

The scientific and social program in the middle of the Alps will be an opportunity to actively participate and discuss issues of ITP and friendship. We are looking forward to seeing you in Arosa in September 2018.

Thomas Kühne      Paul Imbach

## Scientific Program and Structure of the 6<sup>th</sup> ITP Expert Meeting on

### “Management of ITP: to treat or not to treat”

#### Thursday afternoon, September 20, 2018

Get together and Opening, Lectures

#### Friday, September 21, 2018

Lectures, Workshops and social event

#### Saturday Morning, September 22, 2018

Presentations, discussions of workshops and social event

### Language

The official language during the meeting will be English

### Author guidelines

Authors will be invited to write a manuscript for publication in a peer-reviewed journal.

### Local Organizing Committee

Paul Imbach  
Thomas Kühne  
Alexandra Schifferli  
Monika Imbach  
Caroline Martin Asal  
Verena Stahel

## General Information

### Venue

Waldhotel National  
CH-7050 Arosa  
Switzerland  
phone       +41 81 378 55 55  
Fax         +41 81 378 55 99  
Email       info@waldhotel.ch  
Homepage   www.waldhotel.ch

### Hotel accommodation

The active ICIS investigators and invited speakers will be hosted in the tradition-rich “Waldhotel National” for 2 ½ days. Travelling has to be organized and covered by the participant.

### Short distance to airport

Distance Zürich Airport - Arosa:  
about 2h by car / 2h50 by train

### Website

Please visit regularly our webpage ([www.itpbasel.ch](http://www.itpbasel.ch)) for up-to-date information regarding the meeting program. This site will enable attendees to register, submit abstracts and manuscripts, as well as book hotel accommodation.

### Meeting Secretariat

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